

Repentance Prayer Notes

Name: _____ Date: _____

Do you want freedom? A little or deep freedom? If deep, I will ask you deeper questions later.

1. Identify the root causes: negatives emotions, sins, and lies

Negative Emotions	Fears	Sins or Sinned Against	Occult/Vows
<p>(Circle applicable) Self – D, A, H, Shame, Depression</p>	<input type="checkbox"/> Death <input type="checkbox"/> Sickness <input type="checkbox"/> Failure <input type="checkbox"/> Future <input type="checkbox"/> Finances <input type="checkbox"/> Darkness <input type="checkbox"/> Ghost <input type="checkbox"/> Animal <input type="checkbox"/> How people see me <input type="checkbox"/> Others _____ _____ _____ _____	<input type="checkbox"/> Guilt towards: _____ <input type="checkbox"/> Suicidal thoughts/ attempts <input type="checkbox"/> Sex outside of marriage <input type="checkbox"/> Abortions <input type="checkbox"/> Addictions <input type="checkbox"/> Been abused <input type="checkbox"/> Idols in life _____ <input type="checkbox"/> Others _____ _____ _____	<input type="checkbox"/> Other gods _____ _____ <input type="checkbox"/> Fortune telling <input type="checkbox"/> Horror movies <input type="checkbox"/> Ouiji board <input type="checkbox"/> Demonic games <input type="checkbox"/> Vows/Curses <input type="checkbox"/> Others _____ _____ _____

Legend	Negative Words Received from Others	Curses on Others (I wished that...)
D – Disappointment A – Anger H – Hate F – Fear of someone Other NE as needed		

2. Renounce Negative Emotion

Fear + Negative Words	Sin/Curses/Occult/Vows
I renounce the <u>(negative emotion)</u> that I have for _____. I am <u>(negative emotion)</u> because _____. I forgive and bless _____. <div style="text-align: right; margin-top: 10px;">↓</div>	I renounce the <u>(fear/negative words)</u> of _____. Forgive me for holding onto <u>(fear/negative words)</u> . <div style="text-align: right; margin-top: 10px;">↓</div>

I choose to give you all of this <u>(negative emotion/fear/sin/negative words/etc)</u> . Some put it in a bag or box, but however you choose to, gather it up and give it to the Lord. What do you see, sense, hear or feel?	If they have trouble letting go: Ask them: “Do you want to ask the Lord for help?” Lord, with your help and your power, I choose to give to you all of this _____.
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3. Break the soul ties the recipient has

By the authority I have in the name of Jesus, I break all ties and all authority to (names of those they have soul ties with thru hate, fear, sexual immorality, sexual abused, and the occult).

4. Cast out impure spirit(s) after all doors have been renounced and all ties broken off

In the name of Jesus, all impure spirits get out of (name of the recipient) now!

5. Identify Root Lies Get rid of Root Lies

<input type="checkbox"/> Not Good Enough <input type="checkbox"/> Helpless <input type="checkbox"/> Hopeless	<p>Lord, is it true that (recipient's name) is (root lies)?</p> <p>What do You want (recipient's name) to know?</p> <p>What do you see, sense, hear, or feel?</p>	<p>If they can't hear, ask, "Go back to the memory when you felt that (Root Lie)"</p> <p>Go to the memory get rid of negative emotion(s) or sin(s).</p>
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6. Teach them that they can go to the Lord for answers to current life issues

Questions for the Lord (Current issues)	Examples of Questions for the Lord
	<ul style="list-style-type: none"> • If they struggle with loving their daughter— "Lord, how do you want (person's name) to love his/her daughter? • If they have questions about their purpose in life — "Lord, what is your plan for (person's name). • If they are afraid of being hurt again— "Lord, what do you want (person's name) to know about how to respond to (name) when he says things to hurt them again?"

7. Challenge them to fill their hearts & lives with the words & ways of God.

- Present the Gospel & the Lordship of Christ, if they don't have a relationship with Him.
- Share that when a house is cleansed, it's so important to fill our hearts with the Holy Spirit. Otherwise, doors may be reopened for other spirits to return. (Matthew 12:43-45)
- Challenge them to destroy sinful items in the house.
- Encourage them to get into a discipleship relationship & to get connected to a body of believers (church).
- Encourage them to love Jesus by meditating & obeying God's Word in every aspect of their lives.

8. Close in Prayer.

- Pray for impartation of the Spirit.
 - "Lord, fill and baptize (person's name) with your Spirit and fire. Anoint them with power, love, and a sound mind. Release a double portion of your Spirit so that they will walk in the fullness of your gifts to advance your kingdom. "
- Pray for physical healing, if needed.
- Share the Word of Wisdom, Scriptures, what the Lord has revealed to you at this time.
- Ask them to share their testimony to encourage others.
- Schedule another session, if needed.

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1. Identify the root causes: negatives emotions, sins, and lies

Negative Emotions	Fears	Sins or Sinned Against	Occult/Vows
<p>Brother- D, A Amy- H, F Mom- D, A, H Dad- F, H Uncle Bob - D, Hurt Billy- D, Hurt Stacy- A, D Teacher - H</p> <p>(Circle applicable) Self - D, A, H Shame, Depression</p>	<p><input type="checkbox"/> Death Mom dying</p> <p><input type="checkbox"/> Sickness</p> <p><input type="checkbox"/> Failure</p> <p><input checked="" type="checkbox"/> Future</p> <p><input checked="" type="checkbox"/> Finances</p> <p><input type="checkbox"/> Darkness</p> <p><input type="checkbox"/> Ghost</p> <p><input checked="" type="checkbox"/> Animal Dogs</p> <p><input checked="" type="checkbox"/> How people see me</p> <p><input type="checkbox"/> Others</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p>	<p><input checked="" type="checkbox"/> Guilt towards: <u>self, children</u></p> <p><input checked="" type="checkbox"/> Suicidal thoughts/ attempts</p> <p><input checked="" type="checkbox"/> Sex outside of marriage</p> <p><input type="checkbox"/> Abortions</p> <p><input checked="" type="checkbox"/> Addictions</p> <p><input type="checkbox"/> Been abused</p> <p><input checked="" type="checkbox"/> Idols in life <u>money</u></p> <p><input checked="" type="checkbox"/> Others <u>Pride, Judging Other</u></p>	<p><input type="checkbox"/> Other gods</p> <p>_____</p> <p><input checked="" type="checkbox"/> Fortune telling</p> <p><input checked="" type="checkbox"/> Horror movies</p> <p><input type="checkbox"/> Ouiji board</p> <p><input checked="" type="checkbox"/> Demonic games</p> <p><input checked="" type="checkbox"/> Vows/Curses</p> <p><input checked="" type="checkbox"/> Others <u>Reading witchcraft books</u></p>

Legend	Negative Words Received from Others	Curses on Others (I wished that...)
<p>D - Disappointment A - Anger H - Hate F - Fear of someone Other NE as needed</p>	<p>Dad- stupid, ugly Mom- Why aren't you like your brother Teacher- can't read</p>	<p>Amy be hurt, Brother would die</p>

2. Renounce Negative Emotion	Fear + Negative Words	Sin/Curses/Occult/Vows
<p>I renounce the <u>(negative emotion)</u> that I have for _____. I am <u>(negative emotion)</u> because _____. I forgive and bless _____. </p>	<p>I renounce the <u>(fear/negative words)</u> of _____. Forgive me for holding onto <u>(fear/negative words)</u>. </p>	<p>I renounce the <u>(sin)</u> of _____. Lord, forgive me. I forgive myself. </p>
<p>I choose to give you all of this <u>(negative emotion/fear/sin/negative words/etc)</u>.</p> <p>Some put it in a bag or box, but however you choose to, gather it up and give it to the Lord.</p> <p>What do you see, sense, hear or feel?</p>		<p>If they have trouble letting go: Ask them: "Do you want to ask the Lord for help?"</p> <p>Lord, with your help and your power, I choose to give to you all of this _____.</p>

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Questions for the Lord (Current issues)	Examples of Questions for the Lord
<p>- How should he show love to his mom?</p> <p>-What do you want to tell him about his purpose?</p> <p>-How should he deal with pornography?</p>	<ul style="list-style-type: none"> • If they struggle with loving their daughter— "Lord, how do you want (person's name) to love his/her daughter? • If they have questions about their purpose in life — "Lord, what is your plan for (person's name). • If they are afraid of being hurt again— "Lord, what do you want (person's name) to know about how to respond to (name) when he says things to hurt them again?"

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What If A Person Can't Let Go Of The Negative Emotion or Sin

- 1) Remind them, "You had said that you wanted to be free."
 - a) Let's declare it, "Lord, I want to be free!"

- 2) If it's too big or deep or too much
 - a) Ask the Lord for Help to give it to Him
 - i) "Lord, would you help me?"
 - ii) "Lord, I want to be free!"
 - iii) "Lord, with your help, I choose today to give this anger (disappointment, fear, sadness, hate, etc.) to you."
 - b) Ask them,
 - i) "What do you think would happen if you let go of that (Negative Emotion)?"
 - ii) If what they share with you is something negative, then ask the Lord "Lord, is this true? If they let go of this negative emotion, what will happen?"
 - c) If they have multiple negative emotions towards one person
 - i) If they hate and have fear towards their father, you may need to break that into two releases. One for the hate and the other for the fear.
 - d) if you have combined fears or sins, you may have to break them into smaller pieces
 - i) Determine which fear or sin they can't let go by asking them which fear or sin they still feel. Release the other fears or sins, then determine when that particular fear or sin took place, and renounce that event along with the fear or sin.

- 3) If a person suppresses his emotion,
 - a) If they can feel, but quickly shut down their emotions and start to rationalize
 - i) Tell them that they have a tendency to rationalize
 - ii) Ask them to feel the emotion just before they start to rationalize
 - iii) Once they can feel it, you will be able to renounce it
 - b) If they completely shut down their emotions, then this will be your most difficult case. **You must be willing to work with them for several weeks if they are able to feel again.**
 - i) ***Warn them that if they feel again, they could go thru several weeks of negative feelings (possibly feeling worse at times) even after they get some release today, but that you or someone will be available to work with them.***
 - ii) To turn on their feelings again, simply say, "Lord, forgive me. I choose to feel again."
 - iii) Have them turn it on in their mind.
 - (a) If they are able to do so, then proceed with the renunciation.
 - (b) If not, you can try again. But if they are still not able to. Then celebrate any little victories and pray a closing prayer of blessings for them.

Note: Don't force a person to do something they are not ready to do or if they don't want to do

- 4) Check to see if there's a 'Sin that's tied to the negative emotion (i.e. anger, hate, fear, etc.).
 - a) Check to see if there's any curse that they have said against that person (i.e. wishing they would die or be no more). If so, renounce the curse.
 - b) Check to see if there're any negative words from the other person that they have received as a curse in their heart. If so, renounce the curse.
 - c) Check to see if there's any guilt (ex. Guilt from abortion, so she can't let go of anger towards herself.). If so, renounce the guilt.
 - d) Check to see if they have any judgmental spirit towards that person they have negative emotions towards. If so, renounce the judgmental spirit.

- 5) If there are spiritual manifestations,
 - a) If there's a manifestation such as hitting, talking, excessive fear & shaking and you want them to stop,
 - i) Command "You must submit in the name of Jesus"
 - ii) Command them to do or stop doing that thing (i.e. Stop talking, hitting, etc)
 - iii) Can also ask the person to say, "Jesus Christ has come in the flesh"
 - b) If the person becomes unresponsive or trembling uncontrollably,
 - i) Talk to the person, "Mary! Jesus loves you. You mentioned you want to be free. Talk to me."
 - ii) If need be, command the spirit, "You must submit in the name of Jesus. Release Mary. Mary, talk to me."

- 6) If there's doubt
 - a) They are not sure whether they have let go of the negative emotion (ex. The box is still there)
 - i) Ask, "How do you feel to see that the box is still there?" If their response is that they feel the same, or no change, then this means that they did not let go of that negative emotion.
 - ii) Go to step 2a and Ask the Lord for help.
 - b) Ask them, "Why do you have doubt? Where did it come from?"
 - i) If they can identify the event, then renounce that event that caused the doubt.
 - ii) If not, then ask if they want to be freed from that doubt. If so, then pray "Lord, I renounce this doubt. I do believe. Help me overcome my disbelief!"

- 7) If they are not able to forgive themselves
 - a) Share with them, "Do you know that it's a sin because you are putting yourself ahead of God!"
 - b) "Are you willing to ask God to forgive you?"
 - c) "Lord, forgive me for putting myself ahead of you. Lord, I forgive myself today!"